



SUNLEAF

AROMATHERAPY BLENDS

100% Pure Essential Oils

{ RECIPES *for your home* }

Sparkling Floor Wash

1 gallon warm water

½ cup white vinegar

10-12 drops SunLeaf Aromatherapy Blend

Mix warm water, vinegar and 100% pure essential oils in a large bucket. A microfiber mop will help your floors sparkle.

We Suggest Citrus: *Amyris Bergamot or Lemon Vetiver*

Fresh Squeezed Lemon Vetiver Cleaner

½ cup white vinegar

2 cups distilled water

10 drops LemonVetiver SunLeaf Aromatherapy Blend

Juice of 1 lemon (provides fresh plant cleaning power)

Add ingredients to a spray bottle and shake to mix well. Spray counters, sinks, tables, appliances and wipe dry. This recipe is intended to be used fresh within a few days or stored for up to a week in the refrigerator. Fresh lemon helps remove grease, dirt. Vinegar and lemon effectively kill germs.



All Purpose Cleaning Spray

16 oz spray bottle (glass if possible)
2 cups of water (soft or distilled works best)
2 teaspoons unscented castile or liquid soap
12-16 drops SunLeaf Aromatherapy Blend

Add all ingredients to bottle, shake well. Spray on counters, chrome, and other washable hard surfaces, wipe dry. Shake before each use. Store up to two weeks.

We Suggest: Cedar Mint or Orange Ginger Blends

Soft Scrubber for Sinks, Tub & Tile

½ cup baking soda
3 tsp unscented castile or liquid soap
6 drops aromatherapy blend

Mix all ingredients well. Use with a sponge to scrub and wash surfaces, rinse.

We Suggest: Clarysage Lavender, Amyris Bergamot

Aromatic Carpet Care

1 cup of baking soda
4-6 drops SunLeaf Aromatherapy Blend

Mix ingredients together and sprinkle on carpet. Allow to sit on the carpet for 5-10 minutes and vacuum.

We suggest: Cedar Mint or Amyris Bergamot



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